1
【原作】坂井音太 Onta Sakai
【作画】恩田チロ Chiro Onda
姉のおなかをふくらませるのは僕
It is me to fill the stomach of my sister
COMICS

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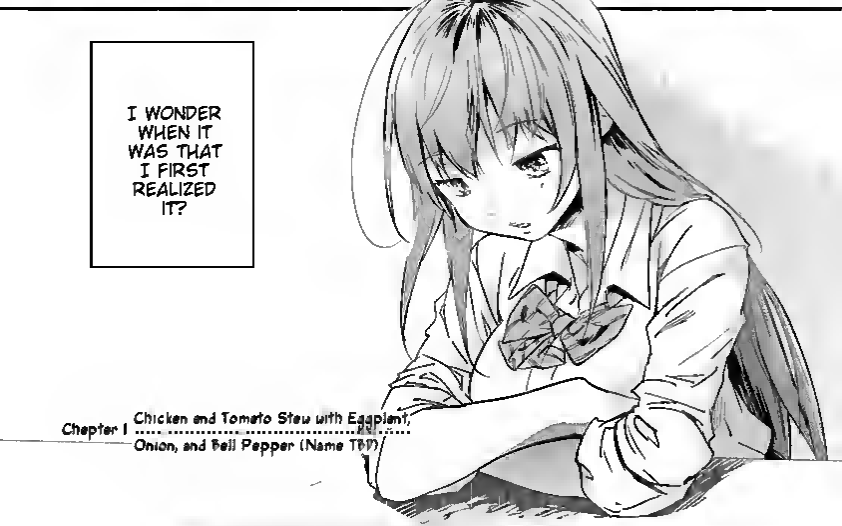


Chapter 1 Chicken and Tomato Stew with Eggplant, Onion, and Bell Pepper (Name TBD)

Chapter 1
Chicken and Tomato Stew with Eggplant, Onion, and Bell Pepper (Name TBD)

OH, SHINOBU
WHAT ARE YOU LOOKING AT?
KYOKO IS
THE DAUGHTER OF THE MAN MY MOTHER MARRIED SIX YEARS AGO
IN OTHER WORDS, SHE'S MY SISTER
THERE ARE SOME HERONS GOBBLING UP KOI DOWN THERE
HEY, DON'T JUMP AROUND LIKE A DOG TRYING TO GET MEAT, YOU'LL FALL OVER
WHAT WAS THAT?
HERONS? WHERE?

I'LL HOLD ON TO YOU SO YOU DON'T FALL
HAH-
LOOK.
She's just after some little brother service, like always.
I'm too defense-less

Oh, she smells nice.
RIGHT THERE
AH, TH-THERE THEY ARE!
RIGHT? LOOK HOW FAST THEIR MOUTHS MOVE!
.....
AH, I THINK THAT WAS THE LAST OF THEM
IT'S ONLY BEEN A LITTLE BIT SINCE THE NEIGHBORHOOD ASSOCIATION DECIDED TO MAKE THE RIVER LOOK BETTER BY RELEASING BABY KOI, AND ALREADY...

THE HIGH SCHOOL GIRL WATCHING AS THE KOI WERE WIPED OUT
THAT'S KYOKO.
IN SHORT, SHE'S PRETTY WEIRD.
NO, SHE'S INCREDIBLY WEIRD.
THOSE HERONS SURE CAN EAT.
JUST WHILE I'VE BEEN WATCHING, THE TWO OF THEM MUST'VE SWALLOWED UP ABOUT 30 KOI.
DO YOU THINK THEY CAN STILL FLY ON A FULL STOMACH?
LOOK! I THINK THEY'RE STARTING TO MOVE A LOT SLOWER.
I BET WE COULD CATCH ONE OF THEM BAREHANDED!
...HOW?
LET'S HOP IN THE RIVER AND SEE IF WE CAN GRAB ONE!
I'M WORRIED THAT IF I LEAVE HER ALONE I WON'T BE ABLE TO KEEP HER OUT OF TROUBLE
GET DOWN!

WHAT SOUNDS GOOD TODAY?
HMM... A REQUEST? MAKE A SHINOBU-ORIGINAL DISH
WITH CHICKEN AND TOMATOES SOMETHING LIKE A STEW...
LET'S SEE.
OH, THERE'S A SALE ON THIS CHICKEN IS BREAST OKAY?
DOESN'T MATTER TO ME.
IT LOOKS LIKE WHOLE TOMATOES ARE CHEAPER DOES THAT WORK?
YEAH, GET THEM WHOLE.
SHINOBU, CAN WE GET SOME CANDY?
NOPE.

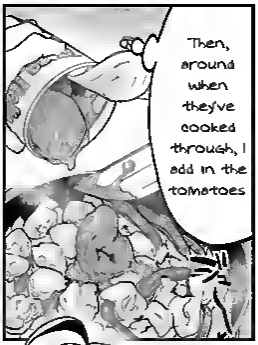
I'LL GO AHEAD AND COOK THE RICE
I ALREADY STARTED IT BEFORE WE WENT OUT SHOPPING
OH MY!
YOU'RE PRETTY EFFIC-IENT, HUH?
WELP, I'LL BE ON MY COMPUTER THEN!
Kyoko's the opposite of efficient
Hh

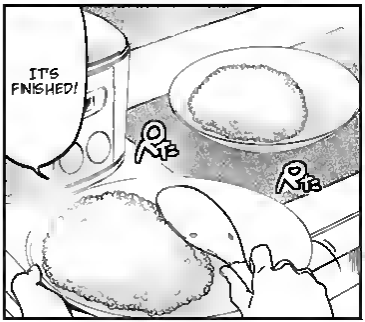
First, I need a bowl of water
And one onion.
After I take off the skin and remove the core, I plop it in the bowl
Once it's soaked in water, cutting the onion shouldn't make you cry.
Now it's ready to be minced
I cut a piece of garlic into thin slices
Chicken thighs and wings work fine for this dish too, as long as you can cut them into bite-size pieces
I cut the bell pepper into eight slices as well
You have to cook them right away to get rid of the astringent taste.
Then, I cut two egg-plants into eight vertical slices

Plenty of olive oil in the frying pan.
Once the oil's warmed up over the high heat-
Toss in the egg-plant!
I let it cook in the oil until it gets nice and soft.
Once the eggplant is cooked, I put it in the bowl for later
Now I lightly cook the sliced garlic in the oil
Once you can smell it, toss in the chicken!
HEY, IS THAT GARLIC?
IT SMELLS, DON'T PUT ANY IN!

Now, I put in the bell pepper and onion, and cook them with salt and pepper
It tastes way better with garlic in it
JUST PICK AROUND IT WHEN YOU EAT!

Then add in some basil and red pepper and let it boil down a little
When the tomatoes start to fall apart, it's time to put in the eggplant


Then, around when they've cooked through, I add in the tomatoes


IT'S FINISHED!

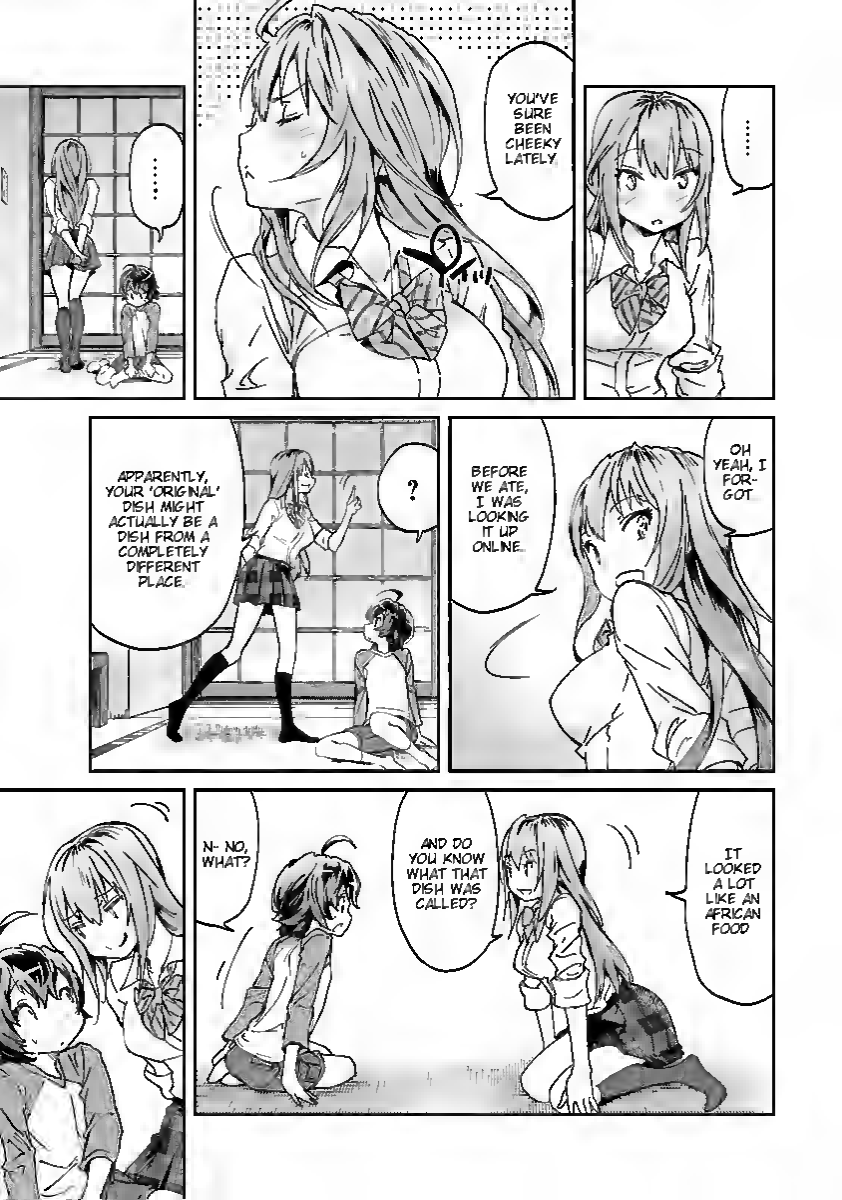
All right!
A bit more salt and pepper

Chicken and Tomato Stew with Eggplant, Onion, and Bell Pepper (Name TBD)
I THOUGHT WE'D HAVE SOMETHING A LITTLE LIKE CURRY TODAY.
YAY!
RIGHT.
OH, GET SOME FOR MOM AND DAD!
YEAH, GO AHEAD.
NOW, TIME TO EAT.

IT'S SO GOOD~!
あー
HAH-HAH-
I REALLY LIKE WATCHING KYOKO EAT.
OOH, I BET THIS WOULD BE GOOD ON PASTA, TOO!
……?
DO YOU KNOW WHY I ASKED YOU TO MAKE THIS TODAY?
……
WATCHING THOSE HERONS MADE ME WANNA EAT SOMETHING WITH BIRD IN IT

THOSE GUYS COULD REALLY EAT, HUH~?
ALL DONE WITH THE DISHES!
LOOK, I'M JUST LIKE THOSE HERONS
AAH, I'M FULL!
AHAHAHA!
NO, NO, THEY WERE MORE LIKE THIS

I CAUGHT ONE!
WOAH! HAHA!
MMM~
KYOKO, CUT IT OUT
HUH? WHY?
BECAUSE I'M A GUY


……
YOU'VE SURE BEEN CHEEKY LATELY
……
OH YEAH, I FOR-GOT
BEFORE WE ATE, I WAS LOOKING IT UP ONLINE.
?
APPARENTLY, YOUR 'ORIGINAL' DISH MIGHT ACTUALLY BE A DISH FROM A COMPLETELY DIFFERENT PLACE.
IT LOOKED A LOT LIKE AN AFRICAN FOOD
AND DO YOU KNOW WHAT THAT DISH WAS CALLED?
N- NO, WHAT?

STEW~
COCK
HUH? WHAT?
I KNOW, RIGHT! WHAT KIND OF NAME IS "COCK STEW"?
Y-YEAH..

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Ane no Onaka wo Fukuramaseru no wa Boku

Translation and Editing: Xthen